





Kai Oranga

(Level 3)



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Kai Oranga will empower tauira to rebuild traditional and contemporary knowledge relating to food, sustainable practices, food production and management (kaitiakitanga). Tauira will analyse the relationship between the food that people eat and their overall health, linking food with people's wellbeing (Rongoā).



Dates

On demand



Duration

40 weeks



Location

Available nationally based on demand



Fees

Fees Free

You'll learn about

- Indigenous systems of growing and producing food
- Nutritional purposes of food, for the wellbeing of whānau
- Politics of food in Aotearoa and the impact on indigenous peoples around the world