

Kai Oranga

Level 4



TE WHARE WĀNANGA O
AWANUIĀRANGI



Kai Oranga Kaupae Tuawhā

This level 4 horticulture programme focuses on food sustainability, food sovereignty, and management, as well as empowering Māori to exercise control over all facets of the food that they grow, eat and manage.



Scan to view up-to-date information about this programme on our website

Programme Overview

Kai Oranga (Kaupae Tuawhā) as a horticulture studies programme builds on the aspirations of Kai Oranga (Kaupae Tuatoru) by allowing taura to reintroduce these cultural concepts and practices, along with practical knowledge, back into the memory and practices of Māori communities, increasing food security, food sovereignty and the health of Māori people.

Taura will

- Gain knowledge and skills in maara kai, rongoā and nutrition according to mātauranga Māori practices
- Develop intermediate skills in preserving, enhancing, and promoting maara kai and enhance the wellness and well-being of whānau, marae and the community.

- Gain skills to further enhance, promote, prepare, plant and review maara kai.
- Apply te reo Māori and tikanga to Kai Oranga
- Develop and apply permaculture principles to Kai Oranga
- Review and apply principles and practice of kai as rongoā

Programme Details



Dates

On demand



Duration

20 weeks



Commitment

Blended learning including noho, wānanga, online learning and self-directed learning



Requirements

Desire to learn about maara kai and rongoā in a Māori context and to work in health and or horticulture industries



Location

Available nationally based on demand



Fees

Tuition fees free

Please note: The information contained in this booklet is for general information purposes only. While we endeavour to keep the information up to date and correct, we reserve the right to alter procedures, fees and regulations, remove or vary papers, courses and programmes at any time without notice. Visit www.wananga.ac.nz for most up-to-date information.

Programme Contact

Waiana Renata

National Programme Co-ordinator
Kai Oranga

☎ 027 204 5677

✉ waiana.renata@wananga.ac.nz

Entry Requirements

Entry to Kai Oranga (Kaupae Tuawhā) is open to applicants who meet the following requirements:

Minimum Age: 16 at the start date of the programme

Entry criteria are as follows:

In addition to meeting admission requirements, entry is open to applicants who are;

- New Zealand citizens or those holding a relevant visa
- Have a desire to learn about maara kai and rongoā in a Māori context
- Have a desire to work in the health and horticulture industries

Specific Entry Criteria:

In addition to meeting the entry criteria, entry is open to applicants who may have;

- Completed a level 3 Certificate at 60 credits or more; and
- Met the English Proficiency Outcomes as stated below in accordance with the NZQF Programme Approval and Accreditation Rules 2013 if ones first language is not English or if applicants come from a country where the language of instruction is not English and are enrolling with the relevant visa:
- **IELTS test** – Academic score of 5.5 with no band score lower than 5

- **TOEFL Paper-based test** - Score of 550 (with an essay score of 5 TWE)
- **TOEFL Internet-based test (iBT)**
– Score of 46 (with a writing score of 20)
- **University of Cambridge ESOL examinations** – FCE with a pass at Grade C or CAE with a score of 47
- **NZCEL** – Level 4 with the Academic endorsement
- **Pearson Test of English (Academic)**
– PToE (Academic) score of 42
- **City & Guilds IESOL**
– B2 Communicator with a score of 42

Applicants may be required to attend an interview, or if one lives at some distance from Te Whare Wānanga o Awanuiārangi campuses, complete a telephone interview.

Please note: Onsite classes/noho will be pending COVID-19 requirements.



Education Pathways

- Certificate in Rongoā Māori Appreciation (Level 4)
- Certificate in Environmental Management (Level 4)
- Poupou Pakari Tinana (Level 4)
- New Zealand Certificate in Māori Environment Practices (Kaupae 4)
- Te Pōkaitahi Tikanga (Waka, Rongoā, Te Ara Nunumi, Mātauranga Māori, Māori Development, Rangahau) (Kaupae 4)
- New Zealand Diploma in Manaaki Marae - Te Hāpai Ō Ki Muri (Kaupae 5)
- Te Pōkairua Tikanga (Waka, Rongoā, Te Ara Nunumi, Mātauranga Māori, Māori Development, Rangahau) (Kaupae 5)

Course Outline

KAI401 Te Kōwae Ako 1 - Te Kōpura

Course Type

Core

Description

This course prepares students to be able to plant, design, prepare and review maara kai, including the application of the maramataka. Students will learn to identify seasonal tohu that indicate planting and harvesting times, learn to identify soil types and be able to discuss the advantages of companion planting and crop rotation.

KAI403 Te Kōwae Ako 3 - Te Hauhake

Course Type

Core

Description

This course allows students to apply knowledge of nutrition and apply permaculture design principles to kai oranga.

KAI402 Te Kōwae Ako 2 - Te Tāpapa

Course Type

Core

Description

This course develops students' intermediate skills in preserving, enhancing, and promoting maara kai. Students learn to apply knowledge of nutrition and apply permaculture design principles to kai oranga. Students will extend their knowledge of te reo me ōna tikanga to kai oranga situations.

KAI404 Te Kōwae Ako 4 - Te Rua

Course Type

Core

Description

Students will apply the principles of kai oranga, demonstrate how ngā hua, or the produce, of maara kai can be distributed. Students will learn about food sovereignty, and apply this by preparing, planting, and harvesting a maara kai. Students will also learn about rongoā as it applies through kai oranga and the development and maintenance of maara kai.



Graduate Profile

Faren Taylor

Te Atiawa, Ngāti Mutunga
o Wharekauri, Ngāti
Kahungunu

Kai Oranga Kaupae Tuatoru and Kaupae Tuawhā

I was a newly single mum and I knew I needed to do something positive for myself and my little boy. I decided to take a chance on the Kai Oranga programme. It was amazing! We learnt not just about how to feed ourselves but also how to nourish our bodies, and produce kai for our whānau without relying on money or supermarkets.

Kai Oranga is sustainable food production using traditional and modern techniques. You learn about kaitiakitanga right from the basics of planting seeds. The journey I started three years ago created a passion, and I just kept implementing it into my lifestyle. When I started, I was a pre-diabetic smoker and my overall health wasn't good. Since being around a group of positive people who are all on the same journey toward healing and better health, I have given up smoking and my health has improved. I feed my whānau, my parents and brothers and sisters, and give excess kai away to the community.

I'm teaching Kai Oranga now in New Plymouth. It's not just a 20-week course – it's something you take on for a lifetime. It's a journey, and if you're open to all the gifts that you're going to be given over that time, it's a lifestyle that you will forever be grateful for.

Faren Taylor graduated in 2017 with Kai Oranga Level 3 and in 2018 with Kai Oranga Level 4.



Choosing the right career for your future

Choosing the right career can be difficult. Having an idea of what you want to achieve when studying with us will help you. Here's a few tips on where to start.

Think about

- Your interests, values, qualities and skills
- Careers that have opportunities in the workplace, community, iwi or in higher education
- What you would want to be earning when qualified
- What will keep you motivated and enthusiastic while in study

Talk to

- Friends and whānau
- Careers advisers
- Our friendly staff

What education you need to enter a career

- Find a pathway that suits you
- Choose the provider right for you
- Don't limit yourself to what you have learnt previous to undertaking studies with us, think about what experiences and differences you want to make with your qualification.

Useful websites

- **To plan your career:**
www.careers.govt.nz/plan-your-career/
- **OR** www.kiaorahauora.co.nz/
- **To see jobs available:**
www.employment.govt.nz



How to apply



In Person



On Paper



Phone



Online

Before you apply make sure you have all the information you need available:

- Date of birth (*a passport or birth certificate will be required*)
- Address
- Contact Numbers
- Email address
- Proof of previous qualifications (*if applicable*)

If you have any questions:

- ☎ 0508 92 62 64
- ✉ enquiries@wananga.ac.nz

For information regarding fees, please visit:

- 🌐 www.wananga.ac.nz/enrolment/fees/

Financing your study

Once you've decided what you want to study, next comes the scary part – paying for it. There are numerous funding options available and we are here to help you. Contact us on freephone 0508 92 62 64 and one of our staff will guide you in the right direction.

For further information:

Call the Studylink Contact Centre (hours 7am to 6pm Monday to Friday) on 0800 88 99 00, or visit www.studylink.govt.nz

Scholarships and grants

There are a wide range of scholarships and grants available for both new and current students. To find out what scholarships and grants are available within New Zealand, visit www.generosity.org.nz/giv-me (The givMe database – formerly known as breakout – is the most comprehensive database for information about scholarships and grants available in New Zealand).

For information regarding scholarships & grants, please visit:

 www.wananga.ac.nz/enrolment/paying-for-study/

Loans and allowances

If you're enrolled in full-time study then our full-time courses qualify for Student Loans and Student Allowances through StudyLink. Many part-time programmes qualify for Student Loans too. Student Loans are available to help you meet costs while you're studying, including fees, course-related costs and living expenses. You will need to repay this once you finish studying. Student Allowances are also available to help out eligible students with living expenses; they don't have to be repaid.

Ngā Uara

TIKA • PONO • AROHA

Our organisation has defined values (*Ngā Uara*) which we embed in the support, teaching and learning environments of Te Whare Wānanga o Awanuiārangī.



Whanaungatanga

To value all relationships and kinship connections



Kaitiakitanga

To protect and support



Manaakitanga

To respect and care



Pūmautanga

To commit to excellence and continuous improvement



Tumu whakaara

To inspire and lead through example



Our Vision

Rukuhia te mātauranga ki tōna hōhonutanga me tōna whānuitanga. Whakakīia ngā kete a ngā uri o Awanuiārangī me te iwi Māori whānui ki ngā taonga tuku iho, ki te hōhonutangav me te whānuitanga o te mātauranga kia tū tangata ai rātou i ngā rā e tū mai nei.

Pursue knowledge to the greatest depths and its broadest horizons. To empower the descendants of Awanuiārangī and all Māori to claim and develop their cultural heritage and to broaden and enhance their knowledge base so as to be able to face with confidence and dignity the challenges of the future.



Our Mission

Ū tonu mātou ki te whai ki te rapu i te hōhonutanga o te mātauranga kākanorua o Aotearoa, kia taea ai te ki, ko wai āno tātou, me te mōhio ko wai tātou, kia mōhio ai nō hea tātou, me pēhea hoki tātou e anga whakamua. Parau ana tēnei ara whaingā, hei whakapūmau āno i te tino rangatiratanga, hei taketake ai te ihomatua Māori me ōna tikanga kia ōrite ai te matū ki ngā mātauranga kē. Koia rā ka tū pakari ai, tū kotahi ai hoki me ngā iwi o te ao tūroa. Koia nei te ia o te moemoeā me ngā tūmanako o Te Whare Wānanga o Awanuiārangī. Haere mai... Me haere tahi tāua.

We commit ourselves to explore and define the depths of knowledge in Aotearoa, to enable us to re-enrich ourselves, to know who we are, to know where we came from and to claim our place in the future. We take this journey of discovery, of reclamation of sovereignty, establishing the equality of Māori intellectual tradition alongside the knowledge base of others. Thus, we can stand proudly together with all people of the world. This is in part the dream and vision of Te Whare Wānanga o Awanuiārangī.



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 **wananga.ac.nz**

 **0508 92 62 64**



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